

Preparation for your Allergy, Asthma and Immunology Consultation

1. Please visit the web site, click on the “Forms” page, then click on the “Patient History Form.” Complete the form. You have 3 choices to send the information to Dr. Axelrod:
 - a. If you have an e-mail program on your computer, then after you complete the form, click the “Send by Email” button, at the top of the form, then send it to the e-mail address on the message (admin@axelrodmd.com).
 - b. If you do not have an e-mail program on your computer, then save the form to your computer and send the form as an attachment, to admin@axelrodmd.com.
 - c. If you are unable to e-mail the form, then print the form and bring it to Dr. Axelrod, when you come for your consultation
2. ***If possible***, do not take any medications that contain any of the following medication, for the 5 days prior to your Allergy, Asthma and Immunology consultation.
 - a. Benadryl-diphenhydramine
 - b. Chlortrimeton-chlorpheniramine
 - c. Allegra-fexofenadine
 - d. Claritin-loratadine
 - e. Clarinex-desloratadine
 - f. Zyrtec-citirizine
 - g. Xyzal-levocitirizine
 - h. Astelin-azelastine
 - i. Patanase-olopatadine
 - j. Patanol-Pataday-olopatadine
 - k. Zatidor-ketotifen
 - l. Optivar-azelastine
 - m. Livostin-levocabastine
 - n. Emadine-emedastine
 - o. Elestat-epinastine
 - p. Alomide-Iodoxamide
 - q. Alocril-nedocromil
 - r. Zyrtec Eye-ketotifen
 - s. Claritin Eye-ketotifen
 - t. Loratadine Eye-ketotifen
 - u. Pepcid-famotidine
 - v. Zantac-ranitidine
 - w. Tagamet-cimetidine
 - x. Elavil-amitryptaline
 - y. Sinequan-doxepin
3. ***If you are not able to stop any of the medications listed above***, then we will discuss alternatives, when you come for your consultation.